



NEEL KAMAL HIGH SCHOOL

(Co-Educational, English Medium School)
(Recognised and Affiliated with J&K Board)

THATHER, BANTALAB, JAMMU

Ref. No. _____

Dated _____

Anti-Bullying Committee

In view of the increasing cases of physical and cyber-bullying of students, Central Board of Secondary Education (CBSE) directed all its affiliated schools to form an anti-bullying committee. It has also recommended strict actions, against anyone found bullying, ranging from a written warning to even rustication of the student.

The board has issued a several measures to stop bullying incidents in schools. Schools have to prominently put up a display board warning students of strict action if they are found indulging in the act of bullying another student. Bullying should be strictly prohibited on the premises.

Further an anti-bullying committee should be constituted which would comprise the vice-principal, a senior teacher, school doctor, counsellor, parent-teacher representative, school management representative, legal representative and peer educators.

Sadhana Parashar, professor and director (academic, research, training and innovation), CBSE said, "In view of the misconduct, school management should take action as per the gravity of the situation. The recommended actions being an oral or written warning to the student, suspension from attending school for a specified period, withholding of the results, imposition of fine up to a specified amount, rustication from school in rarest of the rare cases and transferring a student from one school to another school. Further, the school must be cautious that the victim and also the bully be given opportunities for "change."

The board has stated that bullying and ragging of students in schools are not regarded as a major problem in the country even as the facts state otherwise. Several students who have been a victim of bullying have had immediate to lifelong psychological damage.

The circular number 17 issued to all the schools mentions, "The victimised students can be bullied directly ranging from physical intimidation or attacks, verbal abuse, unwanted attention and advances and damaging property to indirect through spreading malicious



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rumours. It can also include cyber-bullying by sending unpleasant SMS messages, photographs or emails to the victim or others."

As per the circular, in every bullying situation, there are three key parties, including the victim, the bully or bullies and other students, who are aware of the act. Each of these three parties is affected negatively by bullying.

The board has entrusted the responsibility of preventing any undesirable aspect of bullying and ragging on all stakeholders, which includes the head of the institution, teacher, non-teaching staff, students, parents and local community.

Member's of Anti-Bullying Committee

<u>S.NO.</u>	<u>NAME</u>	<u>POST</u>	<u>MOBILE NO.</u>
1.	Rohani Sharma	Member (School Principal)	9419217003
2.	Sharaz Hussain Shah	Member (Senior Teacher)	9149628779
3.	Dr. Varun Padha	Member (Doctor)	8717012333
4.	Raghuvinder Singh Bandral	Member (School Parent)	9070033900
5.	Adv. Vikram Singh Sohil	Member (Legal Representative)	9622547707
6.	Kamal Sharma	Member (Managemant)	9419192969
7.	Shikha Devi	Member (School Counsellor)	6006059527